### Sport Program Name: 7v7 Flag Football

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<tr>
<th>Print First and Last Name</th>
<th>Rank</th>
<th>Command &amp; Code</th>
<th>AD/DoD/Dep/Ret</th>
<th>Waiver Signature</th>
<th>Captain Information</th>
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<tbody>
<tr>
<td>1. AARON, HENRY</td>
<td>LCDR</td>
<td>NPC – PERS 4010</td>
<td>AD (ACTIVE DUTY)</td>
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**Full Name**

**Work Phone**

**Home Phone**

**E-Mail**

**Assistant Captain Information**

11. Full Name

12. Work Phone

13. Home Phone

14. E-Mail

15. Full Name

16. Work Phone

17. Home Phone

18. Full Name

19. Work Phone

20. Home Phone

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**Participant Waiver**

The participant hereby waives, releases and indemnifies Naval Support Activity Mid-South, the MWR department and MWR employees of all responsibilities and liabilities resulting from participation in any MWR program. This includes all damages, costs, fees, loss, injury, or death sustained by the participant. Participation in MWR programs is elective and purely recreational in nature, so participants take part at their own risk. MWR strongly recommends that each participant consult his or her healthcare provider prior to program registration to ensure their physical preparedness for strenuous athletic activity. The participant does hereby assume all risks and hazards associated with participation in all MWR programs. The participant waives the rights to all photographic materials taken by authorized MWR employees, agrees that they are property of MWR and that all images can be used and published without prior approval from the participant.

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**Coordinator Contact Information**

Jacob Miller - Sports Coordinator
Email: jacob.l.miller2@navy.mil
Telephone: 901-232-2109

*AD = Active Duty  *Ret = Retiree
*DoD = Civil Service or Contractor
*Dep = Active Duty Dependent
Team Name (Write One):

Sport Program Name: 7v7 Flag Football

As a Captain of this team, I have read the sport's bylaws and policies, the NSA Intramural Sports Handbook and I am familiar with the NSA Mid-South Instruction governing participation in MWR activities and I agree to abide by them. I understand that I will be held fully responsible for the eligibility and sportsmanship of ALL members of my team. I will adhere to all Intramural Sports and base regulations. All players must be 18 years of age or older and have a valid Military/Government/CAC ID card to be eligible for participation in the league and must present it at all games/matches as requested. If a player does not have a valid ID at a scheduled game, he or she will not be allowed to participate. Captains should ensure that their players are eligible and prepared at ALL times to provide valid ID cards.

Captain's Signature: _______________________________ Date: ______________

Please CROSS OUT any days and/or times that your team CANNOT play:

<table>
<thead>
<tr>
<th></th>
<th>Monday</th>
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<td>1210</td>
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Additional Schedule Requirements

________________________________________________________________________
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Schedules will be posted to the NSA Mid-South Sports Facebook page (www.facebook.com/NSAMidSouthSports), as well as on the Sports Information Board in Joe Dugger Fitness Center. The Sports Coordinator will primarily update the Facebook page with league information, so check the page for immediate updates. Coach emails will be sent if time permits. Please provide accurate e-mail addresses and telephone numbers for 2 captains/coaches, so that teams will be as informed as possible on league news. Players MUST be added to the roster in the Sports Office by no later than 0900 on the day of a scheduled game in order to be eligible to play in that day's game.