



# Holly Jolly *Hustle*

**Friday, Dec. 13**

**1100 - 1300**

**Joe Dugger Fitness Center**

*Come help Santa prep for the big night!!*

The Holly Jolly obstacle course will consist of sandbag carry, sled push/pull, sandbag slams, row machine, sandbag toss and speed ropes.

Top two fastest males and females to complete obstacle course win a prize.

Joe Dugger Fitness and Sports Complex  
5671 McCain St. (Bldg. S-499) | 901-874-5497  
Monday - Friday 5 a.m.-10 p.m.  
Saturday 8 a.m.-4 p.m.; Sunday 11 a.m.-4 p.m.

***Try our mobile app ... navymwrmaidsouth***



Joe Dugger Fitness Center | 901-874-5497  
5671 McCain Street (Bldg. S-499)

